



# Spring Sports Clubs

| Monday  |   | Tuesday   |  | Wednesday  |   | Thursday   |  | Friday |
|---|---|---|--|--|---|--|--|--------|
| Lunch<br>(1.15-1.45pm)  | After School<br>(4-5pm)   | Lunch<br>(1.15-1.45pm)  | After School<br>(4-5pm)                                      | Lunch<br>(1.15-1.45pm)   | Lunch<br>(1.15-1.45pm)  | After School<br>(4-5pm)  | Lunch<br>(1.15-1.45pm)   |        |
| <b>Y12-13 Sport<br/>(option choices)</b><br><i>(sportshall)</i><br><br>Y7-9 Football<br>(astro)<br>LGO /CPR<br><br>Y7-9 Rugby<br>(astro)<br>AHO<br><br>Hockey<br>(astro)<br>OMY/ ABE<br><br>A Level PE<br>Revision<br>(RS2)<br>ERO<br><br>GCSE PE Revision<br>(G1)<br>SPO | <b>Y7-9 Football<br/>(astro)</b><br>LGO /CPR<br><br><b>Y7-9 Rugby<br/>(astro)</b><br>AHO<br><br><b>Hockey<br/>(astro)</b><br>OMY/ ABE<br><br><b>A Level PE<br/>Revision<br/>(RS2)</b><br>ERO<br><br><b>GCSE PE Revision<br/>(G1)</b><br>SPO | <b>Y9-11 Badminton<br/>(sportshall)</b><br>SPO<br><br><b>Invitational Club<br/>(dance studio)</b><br>LGO<br><br><b>Y10-13 Fitness<br/>(fitness suite)</b><br>SPO<br><br><b>Y7-9 Netball<br/>(courts)</b><br>ERO | <b>Y7-11<br/>Cheerleading<br/>(dance Studio)</b><br>PFA/ ASH | <b>Y9-11 Basketball<br/>(sportshall)</b><br>SPA<br><br><b>Y7-9 Fitness<br/>(fitness suite)</b><br>ERO<br><br><b>Y11 Badminton<br/>(dance studio)</b><br>SPO<br><br><b>Y7-9 Football<br/>(astro)</b><br>LGO | <b>Y7&amp;8 Badminton<br/>(sportshall)</b><br>AHO<br><br><b>Y7-11 Table Tennis<br/>(Dance Studio)</b><br>LGO<br><br><b>Y11 WJEC revision<br/>(E2)</b><br>ERO<br><br><b>GCSE &amp; WJEC catch<br/>up<br/>(C1)</b><br>SPO | <b>Y7-13<br/>Running Club<br/>(Field)</b><br>CAG<br><br><b>Y7-13 Zumba<br/>(dance studio)</b><br>RBA | <b>Y7-9 Dodgeball<br/>(sportshall)</b><br>AHO<br><br><b>Y7-11 Contemporary<br/>Dance (Lines Hall)</b><br>RBA |        |

All clubs are mixed gender unless specified

**After School:** Students must get changed into their PE kit for these sessions

**Lunch:** Students do not need to get changed however they must wear training shoes for these sessions

